

BOOM!
SWIMSUIT

WHERE IS THE POOL?
HOW WILL YOU GET THERE?
PACK IT ALL IN A WATER-PROOF BAG!

YOU MAY NEED TO TIE YOUR HAIR BACK OR WEAR A SWIMMING CAP!

TOWEL

CHECKLIST FOR SWIMMING
TICK ITEMS OFF IN THE WHEN YOU ARE READY TO MAKE A SPLASH!

No!!!
REMEMBER TO GO TO THE TOILET BEFORE YOU GET IN THE POOL! NO ACCIDENTS PLEASE! NO FOOD OR DRINK ALLOWED IN THE POOL HALL EITHER!

GOGGLES

SWIMMING AIDS - ARMBANDS / SWIMFIN
YOUR SWIM SCHOOL MAY SUPPLY THESE AND OTHER FUN TOYS TO PLAY WITH AT THE POOL - CHECK BEFORE GOING!
www.mitochondmooch.com

SHAMPOO / SOAP